

CASE MANAGER PROFILE

ABBIE ROSE UDALL

SPECIALIST CASE MANAGER & OCCUPATIONAL THERAPIST

PERSONAL DETAILS



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AREAS COVERED: **North East England**

HEALTH & CARE PROFESSIONS COUNCIL NUMBER: **OT66173**

PROFESSIONAL QUALIFICATIONS

York St John University 2008 - 2012 BSc Occupational Therapy 2:1

Teesside University 2012 - 2013 Practice Placement Educator

ABOUT ABBIE

Abbie set up Abbie Udall Associates in 2018 after working for a large case management company. She uses a goal focussed approach within case management to ensure all treatment planning is centred around the individual to ensure effective engagement and optimised recovery.

Abbie has worked since 2016 as a specialist clinical case manager and has managed highly complex and high-profile cases. She was awarded as Catastrophic Clinical Case Manager of the Year by the Case Managers Society UK (CMSUK) in 2022, acknowledging the excellent outcomes she has achieved with her clients. Abbie has a committed, proactive approach to addressing her clients' needs. She has a reputation for creating holistic packages of support while advocating for any unmet needs of her client throughout her input from all avenues available to address such.

Her specialist clinical experience is in traumatic brain injury working for South Tees Hospitals as a Neuro Occupational Therapist where treatment focussed on cognitive and functional rehabilitation prior to discharge.

ABOUT ABBIE (CONTINUED)

Abbie worked for Durham and Darlington Primary Care Trust as a Specialist Paediatric Occupational Therapist managing treatment and equipment provision for children with complex special needs in a local special school and ergonomic and movement support for children in mainstream schools.

Additionally Abbie has experience working as an Occupational Therapist in Orthopaedics and Trauma, Intermediate Care and Social Care and draws on this experience to provide a holistic approach to her treatment.

Prior to qualifying as an Occupational Therapist Abbie worked as an Occupational Therapy assistant for nine years and gathered clinical experience in neurorehabilitation, acute medicine, social care and palliative care.

Abbie is proactive in maintaining her clinical competencies and knowledge in her specialist area and regularly attends conferences, training, and specialist events. She provides clinical supervision to the team at AUA and other case managers in the UK.

Abbie is an active member of her community by using both her personal and professional skills to support local needs. She is the director of the brain injury charity, Headway Teesside where she puts her clinical knowledge and skills into supporting individuals in Teesside following a brain injury. She also volunteers for Teesside organisation Women's Street Watch.

Abbie is registered with the HCPC, BAOT, CMSUK, RCOT and BABICM.