

CASE MANAGER PROFILE

ALLI PENTLAND

SPECIALIST CASE MANAGER & PHYSIOTHERAPIST

PERSONAL DETAILS



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AREAS COVERED: **North East England**

HEALTH & CARE PROFESSIONS COUNCIL NUMBER: **PH89427**

PROFESSIONAL QUALIFICATIONS

Teesside University 2008 BSc (Hons) Physiotherapy 2:1

ABOUT ALLI

Alli is a Chartered Physiotherapist who has specialised in neurological rehabilitation and the management of long-term neurological conditions since 2008. She provides independent neurological physiotherapy to individuals with complex disabilities, with extensive clinical experience supporting people following traumatic brain injury and spinal cord injury. She also has a particular specialist interest in postural management.

Having worked alongside case managers throughout her physiotherapy career, Alli moved into case management in 2020. Her strong clinical background enables her to develop a thorough understanding of each client's unique needs and circumstances, ensuring that rehabilitation remains meaningful, person-centred and focused on what matters most to the individual and their family.

Alli has considerable experience working collaboratively within multidisciplinary teams, bringing together health, social care and privately instructed professionals to deliver coordinated rehabilitation and support. She has extensive experience establishing, coordinating and managing care and rehabilitation support packages, ensuring that support and intervention reflects the client's goals, promotes independence wherever possible and adapts as needs change over time.

ABOUT ALLI (CONTINUED)

She is experienced in supporting individuals with complex rehabilitation needs and understands that every person's journey is different. Alli takes a calm, thoughtful and compassionate approach, building trusting relationships with clients, families and professionals alike. She is committed to finding practical, creative solutions to challenges, always with the aim of achieving the best possible outcomes and improving quality of life.

Alli has developed a strong understanding of the litigation process and works closely with solicitors and the Court of Protection to ensure clients have access to the rehabilitation, care and support they require throughout their recovery. She appreciates the importance of clear communication and collaborative working, helping clients and families feel informed and supported during what can often be a complex and overwhelming process.

Before pursuing her career in rehabilitation, Alli spent ten years working within the media industry as a Production Assistant, Researcher, Media Relations Consultant and Public Relations Officer. This experience has given her excellent communication, organisational and relationship-building skills, together with the ability to remain adaptable and responsive in dynamic environments.

Alli is passionate about supporting people to achieve their personal goals and maximise their independence. She is committed to continually developing her knowledge and skills through ongoing professional development, ensuring that her practice reflects current evidence and best practice in neurological rehabilitation and case management.

Alli is registered with the Health and Care Professions Council (HCPC) and is a member of the Chartered Society of Physiotherapy (CSP), the Case Management Society UK (CMSUK) and the British Association of Brain Injury and Complex Case Management (BABICM).