

CASE MANAGER PROFILE

ANNA HARITAKIS

CASE MANAGER & NEURO PHYSIOTHERAPIST

PERSONAL DETAILS



CONTACT NO: **Mobile: 07425 804522**
EMAIL: **anna@auassociates.co.uk**
AREAS COVERED: **Yorkshire and South Tees**
HEALTH & CARE PROFESSIONS COUNCIL NUMBER: **PH106313**

PROFESSIONAL QUALIFICATIONS

York St John University, 2014 - BSc (Hons) Physiotherapy
York College, 2009 - HND Sports & Exercise Science / Sports Therapy

ABOUT ANNA

Anna is a Case Manager and Chartered Physiotherapist with extensive experience across neurological rehabilitation, community physiotherapy and paediatrics. She brings a holistic and person-centred approach to her work, with a strong focus on collaborative rehabilitation, independence and quality of life.

Since 2023, Anna has worked in complex case management, coordinating rehabilitation for adults and children with acquired and traumatic brain injuries. She is experienced in assessing client needs, developing tailored support and rehabilitation plans, sourcing and overseeing therapies, and working closely with multidisciplinary teams, community services, clients and families. Her case management practice is underpinned by proactive advocacy and ensuring clients have access to the resources and support needed to maximise recovery and independence.

ABOUT ANNA (CONTINUED)

Alongside case management, Anna works as a Clinical Specialist Neurological Physiotherapist, assessing and treating children with movement, balance and mobility difficulties. Her neurological experience includes cerebral palsy, acquired and traumatic brain injury, stroke and other neurological conditions. She develops personalised, evidence-based rehabilitation programmes which consider the physical, emotional and social aspects of recovery.

Anna has substantial NHS community experience, having worked as a Senior Community Physiotherapist with York Teaching Hospital from 2018 to 2026. In this role she managed a complex caseload autonomously, completed assessments in clients' homes, triaged referrals, delegated to therapy assistants and worked closely with occupational therapy, social care, relatives and wider MDT colleagues. Her experience includes falls prevention, complex discharge planning, discharge-to-assess pathways and service improvement work.

Her paediatric work included assessment and treatment of children with complex neurological and musculoskeletal conditions across outpatient, community and school settings, alongside specialist equipment prescription and multidisciplinary working.

Anna's wider skills include staff training and education, people management, project and service improvement, neurological and musculoskeletal assessment, exercise and treatment planning, equipment prescription, best-interest meetings and multidisciplinary working. She has undertaken additional professional development in areas including paediatric physiotherapy, CPIP-UK, Parkinson's management, falls prevention, neurological assessment, BPPV, spasticity management and clinical education.

Anna-Maria brings valuable personal insight into the challenges faced by individuals and families navigating complex healthcare needs, having supported her youngest child through a lifelong medical condition requiring multiple surgeries and ongoing care. This experience has strengthened her empathy, resilience, advocacy skills and understanding of multidisciplinary working and family-centred care.

Originally from Athens, Anna-Maria is fluent in both English and Greek. She is passionate about supporting individuals and their families, with a strong commitment to improving quality of life through compassionate, person-centred support.

Anna is a member of BABICM and is on the IRCM Registration Pathway.